

CURRICULUM VITAE

Name: Shabnam Nohesara, M.D.

Education:

2004 Psychiatry: Iran University of Medical Sciences, Tehran, Iran
1999 M.D: Mashhad University of Medical Sciences, Mashhad, Iran

Career/Academic Appointments:

2006-2013 Assistant Professor: Dept of Psychiatry, Iran University of Medical Sciences
2008-present Member of Evaluation Committee; Dept of Psychiatry, Iran University of Medical Sciences, Tehran, Iran
2008-present Member of Education Committee; Dept of Psychiatry, Iran University of Medical Sciences, Tehran, Iran
2008-present Member of Residency Training; Dept of Psychiatry, Iran University of Medical Sciences
2013-present Associate Professor: Dept of Psychiatry, Iran University of Medical Sciences
2014-present Member of Fellowship Training; Dept of Psychiatry, Iran University of Medical Sciences
2016-2019 Course of study in Psychoanalysis in ACAP- NJ (e-learning)

Administrative Positions:

2013-present Residency Program Director; Dept of Psychiatry, Iran University of Medical Sciences
2014-present Director of Evaluation and Accreditation Division; School of Medicine, Iran University of Medical Sciences
2014-present Chief of Mehr Ward (Neurotic/Borderline/Psychotic Inpatient Division); Iran Psychiatry Hospital, Iran University of Medical Sciences
2018-present Director of Students Health and Counseling Division; Iran University of Medical Sciences
2019-present Vice Chancellor for Academic Affairs of Psychosocial Health Research Institute, Iran University of Medical Sciences

Board Certification:

Iran National Board Examination of Psychiatry, Psychiatry, 2004

Professional Honors & Recognition:

Ranked 1st in the Iran National Board Examination of Psychiatry in IUMS.

Invited Speaking Engagements, Presentations, Symposia & Workshops Not Affiliated with Yale:

2018	First Annual Congress of the Iranian Psychotherapy Association, “Creativity”
2019	Second Annual Congress of the Iranian Psychotherapy Association, “Female therapist male client”
2019	The 3 rd Iranian Congress of Psychoanalysis and Dynamic Psychotherapy, “Neglect”
2019	The 3 rd Iranian Congress of Psychoanalysis and Dynamic Psychotherapy, “Aggression and Winnicott”
2020	Workshop: “Near Psychosis”
2021	The 3 rd Annual Congress of the Iranian Psychotherapy Association, “Trust and mistrust in transference and countertransference”

Professional Service

Peer Review Groups/Grant Study Sections:

2020-present Member, WPA Psychotherapy section

Journal Service:

Editor/Associate Editor

2015-present Associate Editor; Psychoanalytic Discourse/ Discours Psychanalytique (PSYAD)

Meeting Planning/Participation

2018 Chair of Scientific Committee, First Annual Congress of the Iranian Psychotherapy Association

Publications:

Peer-Reviewed Original Research

1. Shabani, A., Taheri, A., Azadforouz, S., Abbasi, C.N., Mousavi, Z., Zangeneh, K., Shariat, S.V., **Nohesara, S.**, Naserbakht, M., Taban, M. and Kokar, S. Bipolar Disorder Patients Follow-up (BDPF): methods and materials. *Journal of research in medical sciences: the official journal of Isfahan University of Medical Sciences* 2010, 15(4), 229.
2. **Nohesara, S.**, Ghadirivasfi, M., Mostafavi, S., Eskandari, M. R., Ahmadkhaniha, H., Thiagalingam, S., & Abdolmaleky, H. M. DNA hypomethylation of MB-COMT promoter in the DNA derived from saliva in schizophrenia and bipolar disorder. *Journal of psychiatric research* 2011, 45(11), 1432-1438.
3. Ghadirivasfi, M., **Nohesara, S.**, Ahmadkhaniha, H. R., Eskandari, M. R., Mostafavi, S., Thiagalingam, S., & Abdolmaleky, H. M. (2011). Hypomethylation of the serotonin receptor type-2A Gene (HTR2A) at T102C polymorphic site in DNA derived from the saliva of patients with schizophrenia and bipolar disorder. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics* 2011, 156(5), 536-545.

4. Ghadiri, M., **Nohesara, S.**, Mostafavi Abdolmaleky, H., Ahmadkhaniha, H., & Taban, M. The Establishment of Iranian DNA Bank for Genetic and Epigenetic Studies in Psychiatric Disorders. *Iranian Journal of Psychiatry and Clinical Psychology* 2012, 17(4), 324-331
5. **Shabani, A.**, Teimurinejad, S., Kokar, S., Asl, M. A., Shariati, B., Behbahani, Z. M., & Nohesara, S., Ghorbani, Z. Suicide risk factors in Iranian patients with bipolar disorder: a 21-month follow-up from BDPF study. *Iranian journal of psychiatry and behavioral sciences* 2013, 7(1), 16.
6. Shabani, A., Ahmadzad-Asl, M., Zangeneh, K., Teimurinejad, S., Kokar, S., Taban, M., & **Nohesara, S.** Quality of life in patients with bipolar I disorder: is it related to disorder outcome? *Acta Medica Iranica* 2013, 386-393.
7. Abdolmaleky, H.M., **Nohesara, S.**, Ghadirivasfi, M., Lambert, A.W., Ahmadkhaniha, H., Ozturk, S., Wong, C.K., Shafa, R., Mostafavi, A. and Thiagalingam, S. (2014). DNA hypermethylation of serotonin transporter gene promoter in drug naive patients with schizophrenia. *Schizophrenia research*, 152(2-3), 373-380.
8. Afsoun Seddighi, M. D., Seddighi, A. S., Amir Nikouei, M. D., Farzad Ashrafi, M. D., & **Nohesara, S.** Psychological aspects in brain tumor patients: A prospective study. *Hell J Nucl Med* 2015, 64.
9. **Nohesara, S. H.**, Sadeghi, H. M., Asl, M. A., Ghanbari-Jolfayi, A., & Sadeghi, M. M. Comparison of Attachment Styles in Subjects with and Without Obesity. *European Psychiatry* 2015, 30(S1), 1-1.
10. Mohit, A., Jalili, A., **Nohesara, S.**, & Bolhari, J. A Study of Depression Screening in Primary Care Setting of Iran. *International Medical Journal* 2016, 23(2).
11. **Nohesara, S.**, Ghadirivasfi, M., Barati, M., Ghasemzadeh, M. R., Narimani, S., Mousavi-Behbahani, Z., & Thiagalingam, S. Methamphetamine-induced psychosis is associated with DNA hypomethylation and increased expression of AKT1 and key dopaminergic genes. *American Journal of Medical Genetics Part B: Neuropsychiatric Genetics* 2016, 171(8), 1180-1189
12. Shariati, B., Shabani, A., Ariana-Kia, E., Ahmadzad-Asl, M., Alavi, K., Mousavi Behbahani, Z., Ghasemzadeh, M.R., Hasani, S., Ghiasi, Z., Kashaninasab, F. and Tajik Esmaeeli, S, **Nohesara, S.** Drug Attitude Inventory in Patients with Bipolar Disorder: Psychometric Properties. *Iranian Journal of Psychiatry and Behavioral Sciences* 2018, 12(3).
13. Karim, H., Shirazi, E., **Nohesara, S.**, Sadeghi, H. M., Saeb, A., & Alavi, K. Comparison of gender roles in male and female in patients with borderline personality disorder (BPD) with control group and it's correlation with severity of clinical symptoms. *Revista Latinoamericana de Hipertension* 2019, 14(1), 1-7.
14. Soltani Ramezan Zadeh, M., Rasoulia, M., Mohammadsadeghi, H., Ahmadzad-asl, M., **Nohesara, S.**, Soraya, S., Eftekhari, N. The Effect of Communication Skills Training and Conflict Resolution Tactics on Marital Satisfaction of Married Women in Kermanshah. *Journal of Iranian Medical Council* 2020, 3 (2), 79-88.

- 15.** Jalilian Khave, L., Vahidi, M., Shirini, D., Sanadgol, G., Ashrafi, F., Arab-Ahmadi, M., Fatemi, A., Shabani Barzegar, M., Hassanzadeh, T., Rezaei, B., Zali, A., Ommi, D., **Nohesara, S.**, Jalili Khoshnood, R., Abdi, S., Pirsalehi, A., Masarat, E., Shokoohi, M., Karamouzian, M. Clinical and Epidemiological Characteristics of Postdischarge Patients With COVID-19 in Tehran, Iran: Protocol for a Prospective Cohort Study (Tele-COVID-19 Study). *JMIR research protocols* 2021, (2), e233162021/2/2.
- 16.** Jalili Khoshnood, R., Ommi, D., Zali, A., Ashrafi, F., Vahidi, M., Azhide, A., Dorsa Shirini, Ghazal Sanadgol, Shirini, D., Sanadgol, G., Jalilian Khave, L., Nohesara, S., Nematollahi, S., Arab-Ahmadi, M., Haji Miragha, M., Hassanzadeh, T., Taherian, R., Karami, M., Keshmiri, Y., Fatemi, A. Epidemiological Characteristics, Clinical Features, and Outcome of COVID-19 Patients in Northern Tehran, Iran; a Cross-Sectional Study. *Advanced Journal of Emergency Medicine* 2020/11/1.

Case Reports, Technical Notes, Letters

1. Ghasemzadeh, M. R., Vasfi, M. G., **Nohesara, S.**, & Shabani, A. Shared psychotic manic syndrome in monozygotic twins: A case report. *Iranian Journal of Psychiatry and Behavioral Sciences* 2012, 6(1), 75.